



**Allergy & Anaphylaxis
Australia**
Your trusted charity for allergy support

**FOOD ALLERGY
week**

26 MAY - 1 JUNE 2019

HOW TO ADMINISTER AN EPIPEN®

ADRENALINE IS LIFE-SAVING FOR SOMEONE SUFFERING ANAPHYLAXIS BUT MUST BE USED PROMPTLY.

HOW TO GIVE EPIPEN®

1



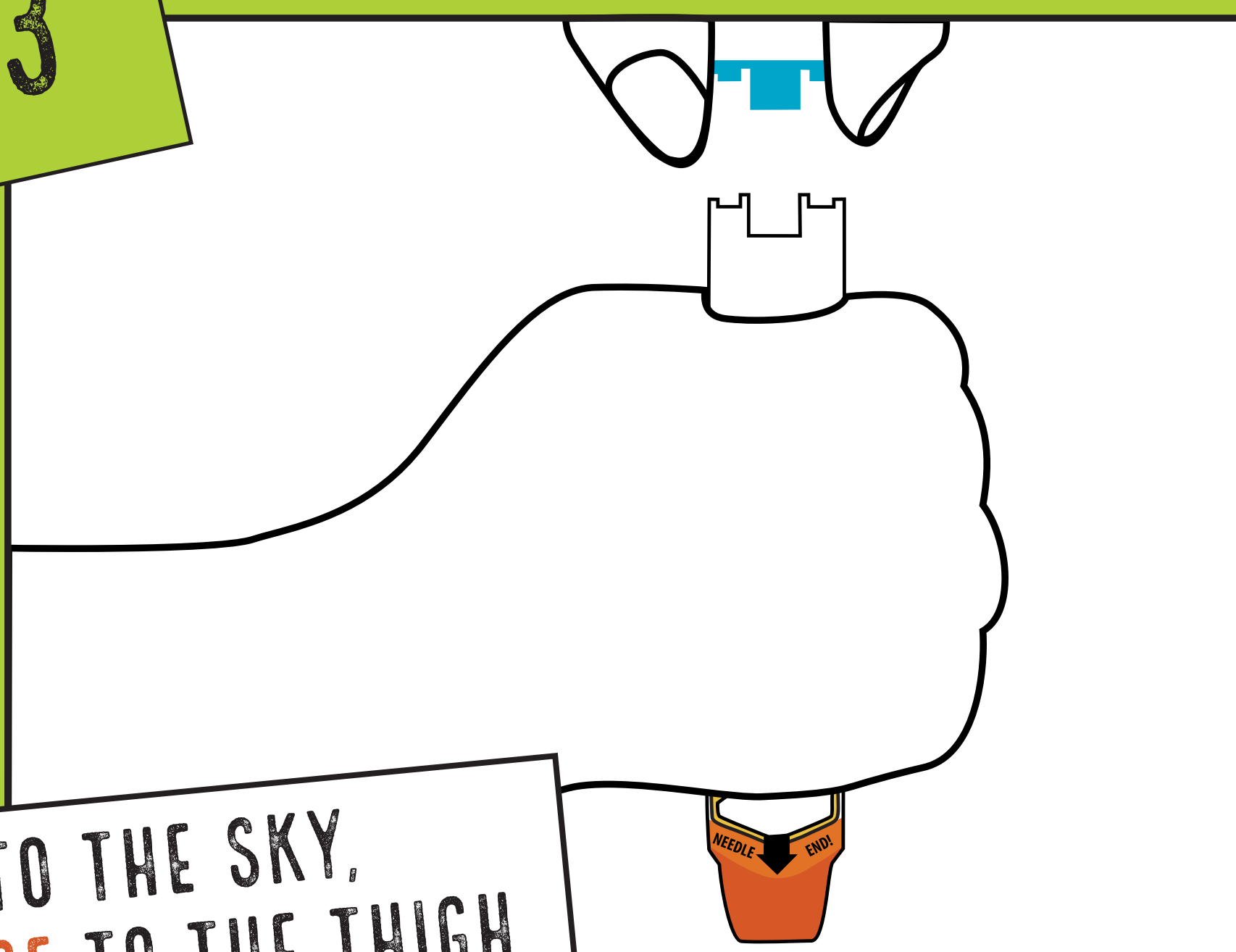
LAY THE PERSON FLAT.

2



IF BREATHING IS DIFFICULT
ALLOW TO SIT (BUT DON'T
ALLOW TO STAND
OR WALK)

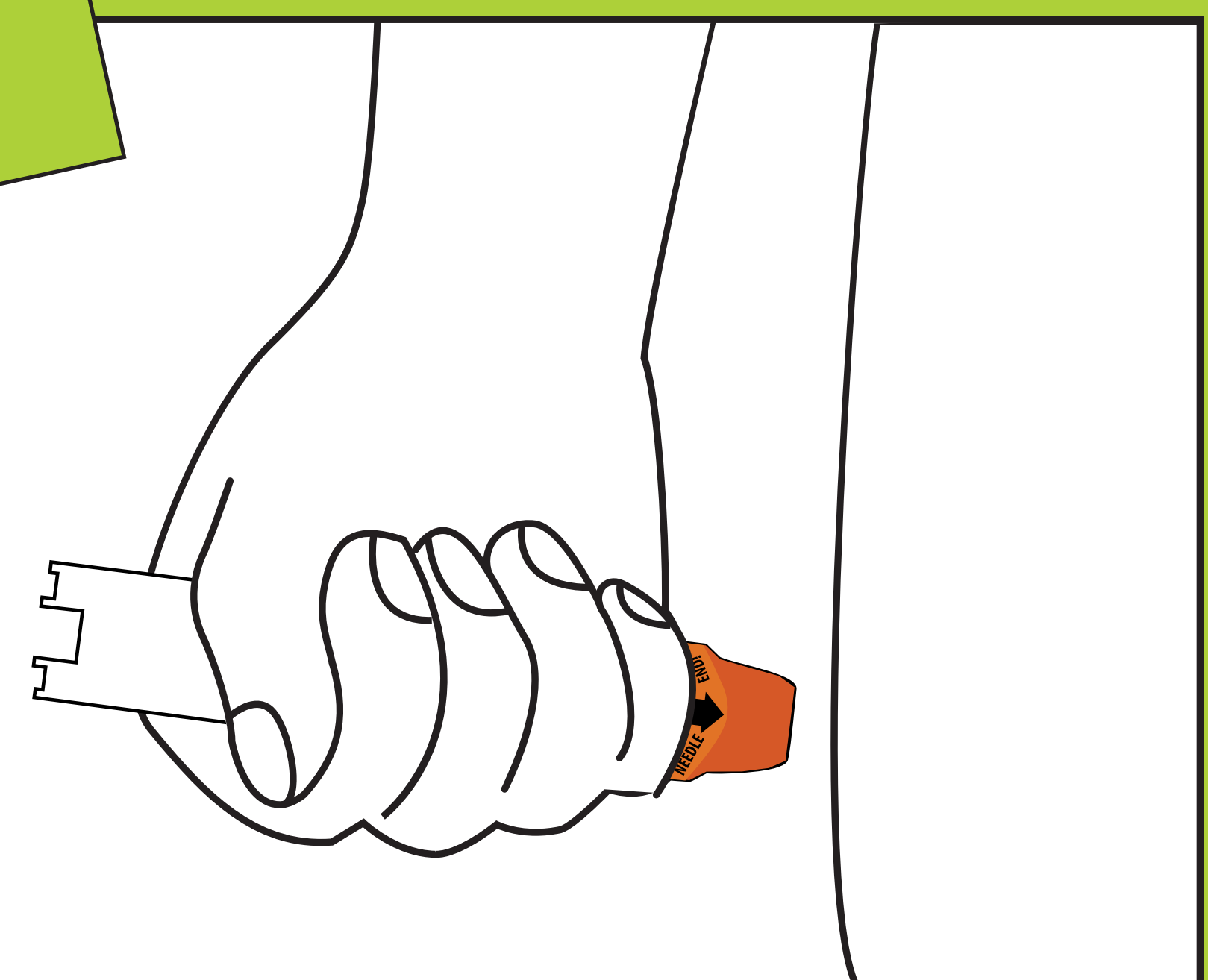
3



BLUE TO THE SKY,
ORANGE TO THE THIGH

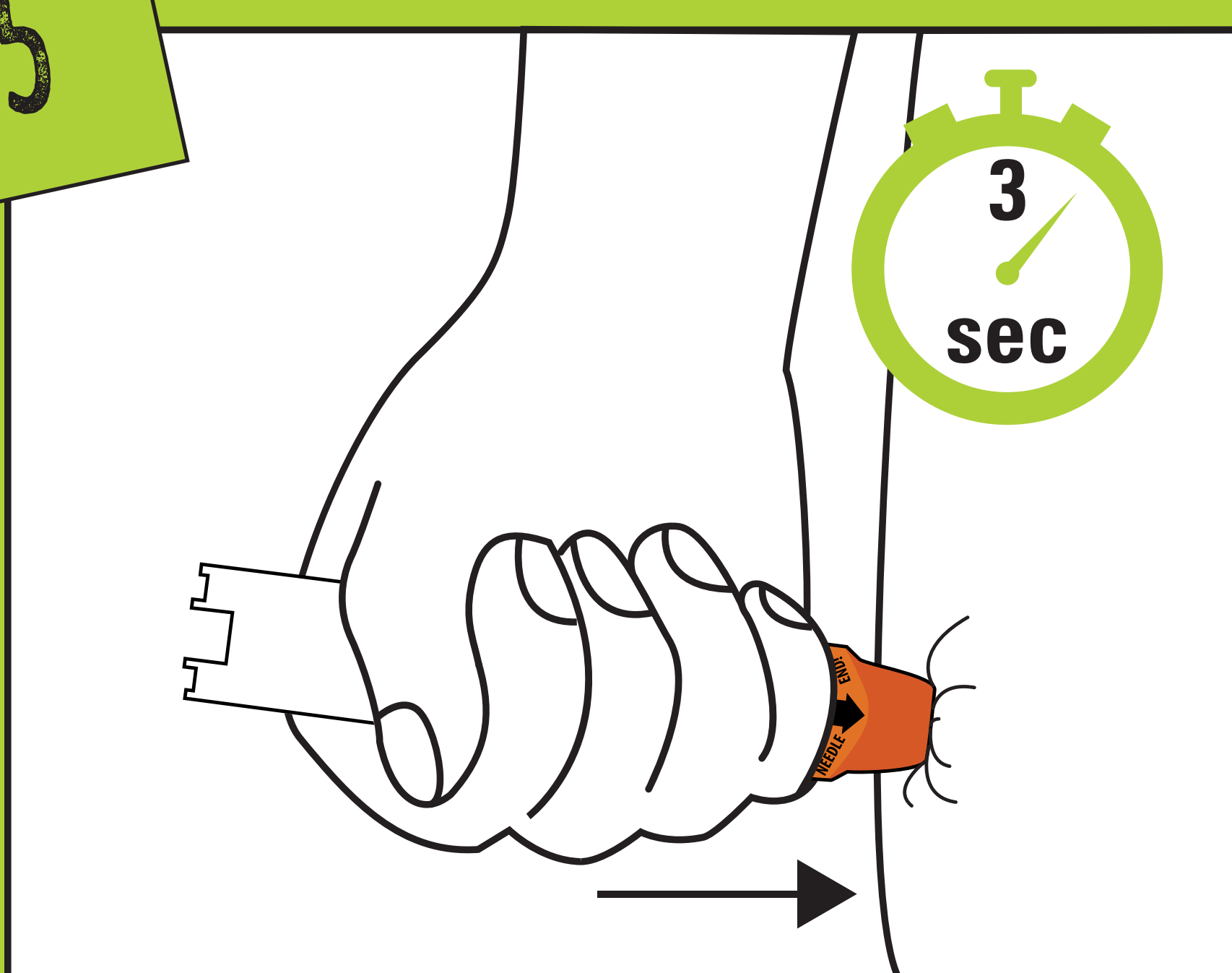
FORM FIST AROUND EPIPEN AND
PULL OFF BLUE SAFETY RELEASE.

4



PLACE ORANGE END AGAINST OUTER
MID-THIGH (WITH OR WITHOUT CLOTHING).

5



PUSH DOWN HARD UNTIL A CLICK IS
HEARD (OR FELT) AND HOLD IN PLACE
FOR 3 SECONDS.

6



**TRIPLE
ZERO**

CALL AN AMBULANCE.



AnaphylaxisAustralia



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